

# Reflexology with Hot Stones



**September 25-26, 2010      9am – 3pm**

**12 CE's      Cost: \$240.00**

**Reflexology can reduce pain, improve circulation, bolster immunity and provide a sense of balance, relaxation, and well-being**

**Participants should be table linens and bolsters to class**

## **Program Covers:**

History of Reflexology

Indications and Contraindications

Zone Theory

Mapping of Hands and Feet

Hand, foot, and ear Reflexology Techniques

Demonstrations with and without stones

**Location: Southeastern Institute  
5250 Seventy Seven Center Drive  
Charlotte, North Carolina, 28217  
To Register: 704-527-4979**

## **Presented By:**

Patti O'Dell, LMBT #6160  
www.the-healingpath.com  
NCBTMB Approved Provider # **450318-06**